



MR VIKRAM BALAKRISHNAN

~ COLORECTAL SURGEON ~

MBBS, BMedSc, Dip. Surg Anatomy, FRACS, CSSANZ

GENERAL INSTRUCTION SHEET

Admission Date / /

Hospital: Northpark Private Hospital Cnr Plenty & Greenhills Roads Bundoora 3083 Tel: 9468 0100

PROCEDURE:

Northpark Private Hospital Information:

CONFIRMATION of Admission Time: A pre-admission nurse will phone you the working day prior to your admission. If you have not been notified by 2pm, please telephone 9468 0100 to speak with the pre admission nurse.

HEALTHSCOPE HOSPITAL ADMISSION FORM- Send to: Northpark Private Hospital, Cnr Plenty & Greenhills Roads, Bundoora 3083 (or submit online – <https://healthscope.eadmissions.com.au>)_

Mr Balakrishnan's forms- Return 7 days prior to: Mr Vikram Balakrishnan, Suite 21, Northpark Private Hospital Consulting Suites, Cnr Greenhills & Plenty Roads, Bundoora Vic 3083 OR email to: reception@samelbourne.com.au

1. **REFERRAL:** - Please note your procedure will not be performed unless we have a current referral.
2. **INFORMED FINANCIAL CONSENT / OUT OF POCKET FEE-** This form must be signed and payment made at least one week prior to your surgery.
3. **PATIENT REGISTRATION FORM-** If this is included in your paperwork.

DIABETES / MEDICATIONS:

It is important to notify us immediately if you are a diabetic, taking medications, allergic to medications, or using blood thinning tablets (ie Aspirin / Warfarin) as certain medications need to be ceased 7 to 10 days prior to admission.

Please stop the following medications: _____

FASTING

If having morning procedure

- (AM) You are required to fast prior to surgery **Nothing at all to eat, drink or smoke from midnight before your operation.** You should take all your current medications with you to the hospital.

If having afternoon procedure

- (PM) You are required to fast prior to surgery, **you may have a light breakfast before 7:00am on day of admission but after this time you MUST FAST COMPLETELY nothing at all to eat, drink or smoke.** You should take all your current medication with you to the hospital.

DISCHARGE FROM HOSPITAL: It is important you arrange for someone to drive you home at discharge from the hospital and stay with you overnight.

YOU MUST NOT drive a car or operate machinery until advised by Mr Balakrishnan

SURGICAL ASSOCIATES MELBOURNE

Northpark Private Hospital
Suite 21, Level 1 Cnr Greenhills & Plenty Roads
Bundoora, VIC 3083



9466 8188

reception@samelbourne.com.au

www.surgicalassociatesmelbourne.com.au