



# MR VIKRAM BALAKRISHNAN

~ COLORECTAL SURGEON ~

MBBS, BMedSc, Dip. Surg Anatomy, FRACS, CSSANZ

## GENERAL INSTRUCTION SHEET

Admission Date .....

**Hospital: Warringal Private Hospital, 216 Burgundy Street Heidelberg, PHONE: 9274 1356**

### Warringal Hospital Information:

**ADMISSION TIME:** Warringal Private Hospital will contact you with your admission time.

**Warringal Hospital admission FORM- Sent to:** 216 Burgundy Street Heidelberg Vic 3084. \*\*\* **Please return this form to Warringal at least 7 days before your surgery or submit details on line. [www.warringalprivate.com.au](http://www.warringalprivate.com.au)** This takes 10 minutes and you will receive an email confirmation.

**Mr Balakrishnan's forms- Return 7 days prior to:** Mr Vikram Balakrishnan, Suite 21, Northpark Private Hospital Consulting Suites, Cnr Greenhills & Plenty Roads, Bundoora Vic 3083 OR email to: [reception@samelbourne.com.au](mailto:reception@samelbourne.com.au)

1. **REFERRAL:** - Please note your procedure will not be performed unless we have a current referral.
2. **INFORMED FINANCIAL CONSENT / OUT OF POCKET FEE-** This form must be signed and payment made prior to your surgery.
3. **PATIENT REGISTRATION FORM-** If this is included in your paperwork.

### DIABETES / MEDICATIONS:

It is important to notify us immediately if you are a diabetic, taking medications, allergic to medications, or using blood thinning tablets (ie Aspirin / Warfarin) as certain medications need to be ceased 7 to 10 days prior to admission.

**Please stop the following medications:** \_\_\_\_\_

**FASTING:** Mr Balakrishnan requests all patients to be fasted as of midnight before your procedure.

### If having morning procedure

- (AM) You are required to fast prior to surgery (Nothing at all to eat, drink or smoke) from midnight before your operation. You should take all your current medication with you to the hospital.

### If having afternoon procedure

- (PM) You are required to fast prior to surgery, you may have a light breakfast before 7:00am on day of admission but after this time you **MUST FAST COMPLETELY** (nothing at all to eat, drink or smoke). You should take all your current medication with you to the hospital.
- (Admit day prior) Fasting instructions to be given by the nursing staff in hospital.

### DISCHARGE FROM HOSPITAL:

It is important you **arrange for someone to drive you home at discharge from the hospital.**

**YOU MUST NOT** drive a car or operate machinery until advised by Mr Balakrishnan.

